

Igea Suisse

HOTEL TERME

PRICES 2005

ACCOMMODATION

The prices are: per person, per day for a minimum of 3 days.

They include: full board in a double room with shower or bath, balcony or terrace, satellite TV, safe, hair dryer, direct telephone line.

They also include: free use of the bicycles, tennis court, bowls field, and access to the communicating indoor and outdoor swimming pools, free programme of motor activities in the water and the gym, with a specialised instructor, programme of evening entertainment (gala dinners, dances, gastronomic evenings).

VAT 10% and tax included.



THE TYPES OF ROOMS

		LOW SEASON	MIDDLE SEASON	HIGH SEASON
		05.03 - 19.03 18.06 - 30.07	19.03 - 23.04 28.05 - 18.06 30.07 - 03.09 15.10 - 26.11	23.04 - 28.05 03.09 - 15.10 18.12 - 06.01.2006
STANDARD	€	49,00	53,00	58,00
SUPERIOR WITH POOL VIEW	€	54,00	58,00	63,00
COMFORT	€	54,00	58,00	63,00
JUNIOR SUITE	€	65,00	70,00	75,00
• REDUCTION FOR HALF BOARD <i>per day / per person</i> <i>Any meals that are not taken are not reimbursed</i>	€	-3,00	-3,00	-3,00
• SINGLE ROOM SUPPLEMENT <i>per day / per person</i>	€	6,00	6,00	6,00
• DOUBLE ROOM WITH SINGLE OCCUPATION SUPPLEMENT <i>per day</i>	€	10,00	10,00	10,00
• LARGE BED SUPPLEMENT <i>per day</i>	€	6,00	6,00	6,00
• CHILDREN IN THEIR PARENTS' ROOM - Up to 3 years - From 4 to 10 years		Gratis -30%	Gratis -30%	Gratis -30%
• AIR CONDITIONING <i>per day / per room</i>	€	5,00	5,00	5,00
• MINIBAR <i>per day / per room</i>	€	3,00	3,00	3,00
• BOX-GARAGE <i>per day</i>	€	3,00	3,00	3,00
• SMALL DOGS <i>per day</i>	€	5,00	5,00	5,00

This price list is valid from 5th March 2004 to 6th January 2006.

THERMAL TREATMENTS

Thermal mud treatment is particularly indicated for arthropathy, osteoporosis and injury caused by trauma. Only “*mature DOC*”, mud is used, tested and controlled by *Padova University (O.T.P.)*. The choice of treatment is always subjected to the approval of the Hotel’s Specialist Thermal Doctor, who, after a careful check up, prescribes and recommends the treatment programme that is most suitable for the guest.

MUD WITH SHOWER AND THERMAL BATH

€ 22,00

Partial or total application of thermal mud, followed by a filiform shower and a bath in thermal water (according to the medical prescription).

MUD WITH SHOWER AND OZONE THERMAL BATH

€ 26,00

Partial or total application of thermal mud, followed by a filiform shower and a bath in thermal water with ozone added (according to the medical prescription).

OZONE THERMAL BATH

€ 19,00

Bath in thermal water with ozone added, as a complement to mud therapy for certain ailments (according to the medical prescription).

REACTION OR REACTIVATING MASSAGE

€ 16,00

Massage to complete the mud therapy, to reactivate the circulation after the mud application (15’).

“SPECIAL” REACTION OR REACTIVATING MASSAGE

€ 22,00

Massage to complete the mud therapy, at intensive level to reactivate the circulation after the mud application (30’).

THERMAL HYDROMASSAGE

€ 16,00

Bath in thermal water, particularly recommended to help relax muscular tension (according to the medical prescription).



AEROSOL

€ 6,50

Inhalation of nebulised thermal water, for the prevention and cure of breathing ailments (according to the medical prescription).

INHALATION

€ 6,50

Inhalation of hot humid steam from thermal water, specific for the main breathing ailments (according to the medical prescription).

MEDICAL CHECK-UP FOR ADMISSION TO THERMAL TREATMENTS (obligatory)

€ 25,00

BATHROBE FOR USE THROUGHOUT THE TREATMENT (obligatory)

€ 10,00



CLASSIC MUD TREATMENT

By Mud Treatment, we commonly mean a “package” made up of a cycle of treatments and complementary services, including:

- *Mud with shower and Ozone Thermal Bath.*
- *Reaction or Reactivating Massage.*
- *Bathrobe hire for use throughout the treatment.*
- *Access to the Thermal Swimming Pools.*

To this, we normally add, to help in calculating the total cost:

- *Full board in a “standard” double room, per person, per day.*

The number of treatments per cycle varies, depending on the medical prescription, but the most accredited research carried out by Italian and foreign universities, agrees that to get the best and longest lasting effects from the treatment, the programmes should be made up of at least 10 sessions.

The “Packages” of Thermal Treatments we offer are:

CYCLE OF TREATMENT

10 SESSIONS	€
12 SESSIONS	€

ACCOMMODATION

12 DAYS	€
14 DAYS	€

TOTAL PACKAGE

12 DAYS - 10 TREATMENTS	€
14 DAYS - 12 TREATMENTS	€



LOW SEASON

MIDDLE SEASON

HIGH SEASON

	LOW SEASON 05.03 - 19.03 18.06 - 30.07	MIDDLE SEASON 19.03 - 23.04 28.05 - 18.06 30.07 - 03.09 15.10 - 26.11	HIGH SEASON 23.04 - 28.05 03.09 - 15.10 18.12 - 06.01.2006
10 SESSIONS	430,00	430,00	430,00
12 SESSIONS	514,00	514,00	514,00
12 DAYS	588,00	636,00	696,00
14 DAYS	686,00	742,00	812,00
12 DAYS - 10 TREATMENTS	950,00	1.000,00	1.100,00
14 DAYS - 12 TREATMENTS	1.100,00	1.200,00	1.300,00



MASSAGE THERAPY

SPECIFIC LYMPHATIC DRAINAGE € 22,00

A massage dedicated to specific zones of your body, with the aim of reactivating lymphatic circulation and reduce water retention (30').

TOTAL LYMPHATIC DRAINAGE € 39,00

"Vodder" complete massage, to reactivate lymphatic circulation and reduce the level of water retention (50').

PLANTAR REFLEX MASSAGE € 39,00

A technique for stimulating the soles of your feet, in specific "reflex" points, which are used to restore balance to the entire organism (50').

CHINESE ANTISTRESS € 36,00

A therapeutic massage aimed at reducing physical-emotional tension, using the principles of antique Chinese techniques (50').

SHIATSU € 39,00

Through finger pressure on specific parts of the body, called "Tsubo" and energetic routes, called "Meridians", Shiatsu re-establishes the vital energy flow and the general mental-physical balance (50').

AYURVEDICO € 39,00

A massage that belongs to an antique Indian therapeutic and life philosophy, which has extensive analgesic and relaxing properties (50').

HOLISTIC € 42,00

An oriental massage using aromatic oils based on an all-enveloping and total approach (Olos), as a meeting of body, mind, spirit and emotions (50').

AQUA WELLNESS € 42,00

An innovative treatment done in thermal water by a therapist who, combining lengthening, stretching and gentle twisting movements, restores suppleness to your spine, giving a pleasant myo-relaxing and wind-down effect (50').

PHYSIO-KINESI THERAPY € 26,00

A rehabilitation therapy, relaxing and analgesic for functional recovery of those parts of the locomotor apparatus involved with different ailments or temporary malfunction. (According to medical prescription - treatment lasts 30').

HYDRO-KINESITHERAPY € 30,00

A rehabilitation or post-rehabilitation therapy in thermal water for complete recovery and improvement in motor efficiency in many ailments or temporary malfunction of the locomotor apparatus. (According to medical prescription - treatment lasts 30').

BEAUTY TREATMENTS

COMPLETE FACIAL CLEANSING € 36,00

Individual facial cleansing, with ozone vapours, peeling and massage to tone and moisturise the skin (50').

THERMAL MUD MASK AND MASSAGE € 26,00

Application of a fine layer of Thermal Mud and massage, with a restructuring and skin purifying effect (30').

FACE-NECK LYMPHATIC DRAINAGE € 22,00

Local lymphatic drainage massage to reactivate lymphatic circulation and reduce water retention (30').

REGENERATING BODY PEELING € 39,00

An exfoliating treatment to eliminate the impure surface layer and restore radiance to your skin (50').

SPECIFIC FIRMING € 26,00

Local massage to specific zones to tone and firm tissue (30').

TOTAL FIRMING € 42,00

A complete toning and firming massage, to restore the natural suppleness of your skin (50').

TOTAL RELAXATION € 42,00

Complete and general massage, that gently removes muscular tension and restores a general state of "disposition" of your body and mind, preparing you to better receive any other treatment, be it a beauty or curative treatment (50').

SPECIFIC ANTI-CELLULITE REMODELLING € 26,00

Massage using techniques and products with a direct action on the lipid cells in specific parts of the body (30').

COMPLETE ANTI-CELLULITE REMODELLING € 42,00

Direct action massage on the lipid cells in all the parts of the body most hit by fat deposits, for a gradual functional recovery of the entire organism (50').

MANICURE € 16,00

BEAUTY PEDICURE € 16,00

CURATIVE PEDICURE € 30,00

COMPLETE HAIR REMOVAL € 30,00

PARTIAL HAIR REMOVAL € 20,00

LOCAL HAIR REMOVAL € 10,00

SOLARIUM- UVA RAY SUNBED

- 1 Session € 10,00 + Tanning gel € 14,00
- 3 Sessions € 27,00 + Tanning gel € 29,00
- 6 Sessions € 47,00 + Tanning gel € 50,00

OUR COURSES

To help you in your choice, we have created special “courses” to combine your stay with a specially studied treatment programme, based on your own individual needs and wishes: the *Relaxation* course, the *Wellness* course, the *Beauty* course.

THE RELAXATION COURSE

An entire week “away” from the small and large tensions that build up day after day. Oriental experience has enriched and inspired our therapists who will guide you through this gentle and easy course to psychophysical recovery.

The complete course (1 week) includes:

- 1 Total Relaxation Massage
- 2 Plantar Reflex Massage
- 2 Total Lymphatic Massage
- 2 Aqua Wellness in thermal water
- 3 Aqua Fitness sessions
- Use of the thermal swimming pools
- Bathrobe

- COMPLETE COURSE € 270,00 - LIGHT € 165,00

THE WELLNESS COURSE

“Being well” is first of all a mental state, subjective. Often our body, guardian and supporter to this fragile balance, does not receive the due attention and gives off special warning signals. We propose “listening” to it with the so-called “passive” treatments, to help gradual recovery of our lost harmony, with a series of movements to educate us into more “salubrious” living habits.

The complete course (1 week) includes:

- 1 Total Relaxation Massage
- 1 Plantar Reflex Massage
- 2 Aqua Wellness in thermal water
- 2 Chinese Antistress Massage
- 3 UVA sun bed sessions, with tanning gel
- 3 Aqua Fitness sessions
- Use of the thermal swimming pools
- Bathrobe

- COMPLETE COURSE € 275,00 - LIGHT € 200,00



THE BEAUTY COURSE

Real personal beauty does not exist if we do not look after our “clothing”, as the first and real expression of inner health. The course we propose for people aware of this and who want to dedicate precious time looking after their face and body, combines the experience and resources of the Thermal Centre with the most modern and effective techniques, studied together with the most important Agencies in this field.

“Principi” Face Course

The complete course (1 week) includes:

- 1 Thermal mud mask and massage
- 1 Lymphatic drainage massage to face and neck
- 1 Complete cycle “Face-Principles” (4 treatments)
- 3 UVA sun bed sessions, with tanning gel
- Use of the thermal swimming pools
- Bathrobe

- COMPLETE COURSE € 260,00 - LIGHT € 185,00

“Feeling Time” Face Course

The complete course (1 week) includes:

- 1 Thermal mud mask and massage
- 1 Lymphatic drainage massage to face and neck
- 1 Complete cycle “Feeling Time” (6 treatments)
- 3 UVA sun bed sessions, with tanning gel
- Use of the thermal swimming pools
- Bathrobe

- COMPLETE COURSE € 345,00 - LIGHT € 190,00

“Manual Skin Body” Course

The complete course (1 week) includes:

- 1 Total Relaxation Massage
- 1 Thermal mud mask and massage
- 1 Total Lymphatic Massage
- 1 Complete cycle “M.S.B.” (6 treatments)
- 3 UVA sun bed sessions, with tanning gel
- Use of the thermal swimming pools
- Bathrobe

- COMPLETE COURSE € 400,00 - LIGHT € 195,00

